#### SWEEDISH MASSAGE

Relieve tension and promote relaxation with long, gliding strokes and gentle kneading techniques

**50 Minutes** 90 € **80 Minutes** 120 €

# DEEP TISSUE MASSAGE

Target deep-seated muscle tension and chronic knots With firm pressure and Focused strokes

**50 Minutes** 90 € **80 Minutes** 120 €

## HOT STONE MASSAGE

perience the healing benefits of heated stones placed on key points of your body, melting away stress and tension.

**50 Minutes** 80 € **80 Minutes** 110 €

# AROMATHERAPY MASSAGE

Immerse yourself in the therapeutic benefits of essential oils, customized to enhance relaxation and well-being.

**50 Minutes** 90 € **80 Minutes** 120 €

# WELLINESS

We have created an area of well-being and tranquility for you, where you can relax in a pleasant ambiance.

In our sauna area, you can enjoy a Finnish sauna, a bio sauna, a hay sauna, and an infrared cabin, along with a Kneipp pool and a whirlpool.

The relaxation room will delight you with its cozy loungers and our stunning view.

Our masseuse Anamaria is a certified massage therapist from Romania. She speaks English and Italian.

# OPENIG HOURS

 TUESDAY
 02.00 am - 07.00 pm

 WENDESDAY
 11.00 am - 07.00 pm

 THURSDAY
 02.00 am - 07.00 pm

 FRIDAY
 11.00 am - 07.00 pm

 SATURDAY
 11.00 am - 07.00 pm

We kindly remind you that you can cancel your appointment free of charge up to 24 hours in advance. Otherwise, we will have to charge you for the service

#### PARENTAL MASSAGE

Nurture yourself during pregnancy with a gentle massage tailored to alleviate discomfort and promote relaxation.

**50 Minutes** 80 €

#### LOMI LOMI MASSAGE

Experience the serenity of Hawaii with gentle, rhythmic movements promoting deep relaxation and balan

**50 Minutes** 100 €

# LYMPHATIC DRAINAGE MASSAGE

Detoxify and rejuvenate with this gentle technique, promoting lymph flow and boosting immunity.

**50 Minutes** 90 €

## REFLEXOLOGY

Stimulate pressure points on the feet and hands to promote balance, relaxation, and overall well-being

**30 Minutes** 50 €

#### FACIAL MASSAGE

Revitalize your skin and relax with our specialized treatment, promoting circulation and a radiant complexion.

**30 Minuten** 50 €

#### SPORTS MASSAGE

Designed for active individuals, this massage focuses on improving flexibility, reducing muscle soreness, and enhancing recovery.

**50 Minuten** 95 € **80 Minuten** 130 €

#### SPOT RELIEF MASSAGE

Target specific areas of tension and discomfort with focused pressure, relieving muscle knots and restoring balance.

**30 Minutes** 80 €

